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Dear Patient,

Thank you for trusting me and the team at Foxhall Women's Health with your care. It has been a privilege to support your health and wellness, and I remain deeply committed to providing you with the personalized, attentive care you deserve.

I am writing to let you know of an upcoming change in my insurance network participation. Effective August 15, 2025, I will no longer be an in-network provider with United Insurance.

If you are currently insured through United, you may still continue to receive care from me at Foxhall Women's Health. Our team will continue to submit claims on your behalf, but please be aware that reimbursement will now be based on out-of-network coverage, and payment for services will be due at the time of the visit. Your out-of-pocket responsibility may differ depending on your specific plan benefits.

We encourage you to contact United Insurance directly to understand how this change may affect your coverage. Our billing staff is also available to assist with any questions and to help you navigate your options.

It remains my honor to care for you, and I look forward to continuing our work together in support of your health.

Warm regards,

Nichole A. Pardo, MD, FACOG

Foxhall Women's Health